



Men's Waist

	XS		S		M		L		XL		XXL		3XL		4XL		5XL		
Metric (cm)	68	72	76	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140
Imperial (inches)	26	28	30	32	33	34	36	38	40	41	42	44	46	47	48	50	52	54	56
Euro - DE, NL, BE	42	44	46	48		50	52	54	56		58	60	62		64/66	68	70	72	74
Euro - FR, ES, PT	34	36	38	40	42	44	46	48	50	52	54	56	58		60/62	64	66	68	70